



# Sguig<sup>®</sup>

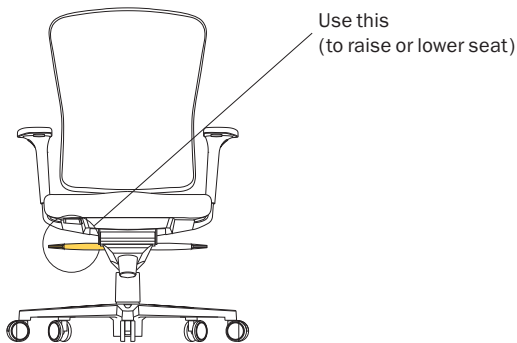
## **KEILHAUER**

1450 Birchmount Road, Toronto, Ontario, Canada M1P 2E3  
tel 416 759 5665 fax 416 759 5723 1 800 724 5665  
[www.keilhauer.com](http://www.keilhauer.com) [info@keilhauer.com](mailto:info@keilhauer.com)



Sit down. Please. The only way to know if you are adjusting your chair to provide you with maximum comfort, is to make these adjustments while you are seated.

## 1. Seat Height Adjustment



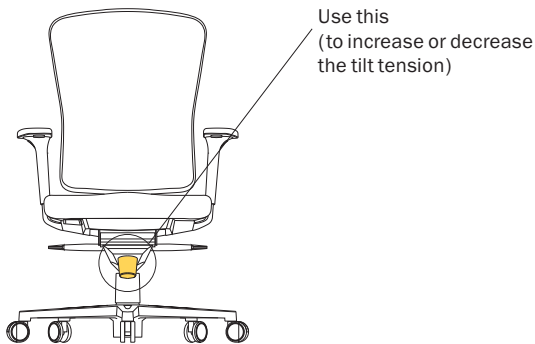
**Use** the paddle shaped lever on the right side underneath the seat

**To raise** lift your weight off the seat while lifting the front of the lever

**To lower** sit on the seat while lifting the front of the lever



## 2. Tension Adjustment



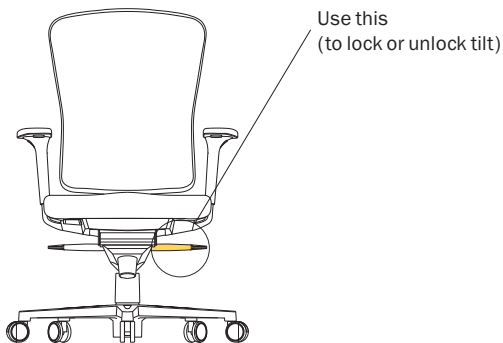
**Use** the big round knob underneath the centre of the seat

**To increase** tension turn the knob clockwise

**To decrease** tension turn the knob counter-clockwise



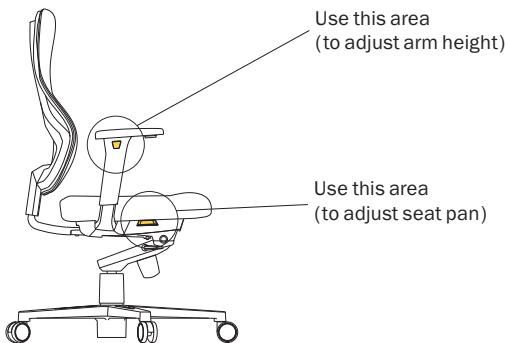
### 3. Tilt Lock



**Use** the paddle shaped lever on the left side underneath the seat  
**To unlock tilt** pull the front of the lever up and tilt back slightly  
**To lock tilt** recline to your desired position and push the front of the lever down



## 4. Arm Height Adjustment/Sliding Seat Pan



**Use** the buttons on the outside of the arm rests

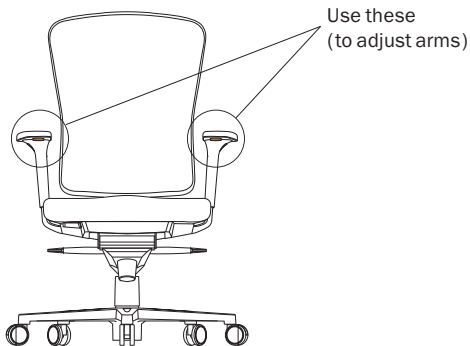
**To raise or lower** push the button in and raise or lower the arm rest and release button to lock

**Use** the lever located underneath the seat on the right hand side of the chair, above the seat height adjustment paddle

**Pull** the lever out to activate the sliding seat pan and slide your seat forwards, release the lever to lock the seat into the desired depth. Pull the lever again and slide backwards to return to the start position



## 5. Arm Adjustment

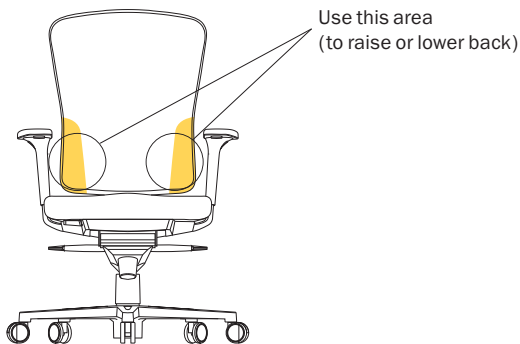


**Grasp** the front of the arm rest firmly and pivot the arm inwards or outwards

**To rotate** the arms up to 180° press the buttons under the front of the arm rests



## 6. Back Height Adjustment



**Use** the sides of the back just above the seat and grab with both hands

**To raise** lift the back up – you will hear a click for each height increment

**To lower** lift the back to the highest setting and it will disengage allowing it to drop down to the starting (lowest) height: the back must return to the starting position to reengage the height adjustment mechanism

Pelvic Balance Point®  
T1-L5 Free Shoulders®

